screenme & The Fertility RN

Explain...

How can I improve my vaginal health?

If I am experiencing:
Cancer, Disease, STD,
Thrush & other
uncomfortable
symptoms



TESTING

Why do it?

- Every woman has a unique vaginal microbiome, so to understand yours, you need to test!
- These are microorganisms (bacteria and fungi) that live in the vaginal environment as a natural defense.
- 84% of women with a vaginal imbalance are asymptomatic (showing no symptoms).





TESTING

Why screenme?

Detects
100% of the
bacteria &
yeast
present

Discover the status of your vaginal community

Free expert consultation explaining every test

Custom
action to
improve
your vaginal
health

Your plan includes how to:

- Increase fertility
- Prevent UTIs, STDs, BV, thrush
- Lower risk of cervical cancer
- Reduce vaginal symptoms of dryness, itchiness, pain during sex, or odor.

Diet is key to your health. Some easy steps include:

- Speak to a professional
- Create a diet plan
- Discuss supplements

All ScreenMe's tests come with a nutritional plan customized for you by our experts.

Probiotic Foods

- Kefir
- Greek yogurt
- Miso
- Cauliflower
- - Kimchi Carrots
- Onions Tempeh

Prebiotic Foods

- Leeks
- Berries
- Peas
- Artichoke
- Kiwi
- Bananas
- Garlic

9 PRODUCTS

It is very important to use products that are friendly for your vaginal microbiome.

This includes using products that are free from: parabens, hormone disrupters, flavors, and any other nasty chemicals.

*Check out our tested & recommended products from our Shop!





Vegan Vaginal Lubricant

Refillable Deodorant

Vaginal Moisturizer



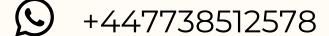


Find out more...

What is vaginal health?

Why should I be concerned about vaginal health?

What is the vaginal microbiome?





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